

PEDIATRIC DENTAL DAYS 2026

Modern Approaches to Prevention in Pediatric Dentistry

CLUJ-NAPOCA, ROMANIA · 2-3 OCTOBER 2026

Organized by HappydentClinic and the Romanian Society for the Management of Dental Fear in Children

FRIDAY, 2 OCTOBER 2026

PREVENT FEAR · BUILD TRUST · ENSURE CLINICAL SAFETY

08:00-08:30	Registration and Welcome Coffee
08:30-08:40	WELCOME ADDRESS Opening and Welcome to Pediatric Dental Days 2026 Dr. Nicoleta Van Gelder, DDS, PhD · Founder and Scientific Coordinator
08:40-08:50	INSTITUTIONAL OPENING ADDRESS Colegiul Medicilor Stomatologi Cluj <i>Institutional representative · To be confirmed</i>
08:50-09:35	PREVENT FEAR, BUILD TRUST Nitrous Oxide-Oxygen Inhalation Sedation in Pediatric Dentistry <i>Behaviour Guidance and Keys to Predictable Clinical Success - The Swiss Experience</i> Dr. Juliane Leonhardt Amar <i>Expert in Pediatric Dentistry, SSO · Swiss Association of Pediatric Dentistry · Private Practice, Switzerland</i>
09:35-09:45	Questions and Discussion
09:45-10:30	CLINICAL SAFETY THROUGH PATIENT SELECTION Conscious Sedation in Pediatric Dentistry: Patient Selection, Clinical Decision-Making and Procedural Framework <i>Indications and Contraindications, MEOPA versus Titratable N₂O/O₂ Delivery, and Procedural Logistics</i> Dr. Nicoleta Van Gelder, DDS, PhD <i>PhD in Pediatric Dentistry · General Dentistry Specialist</i> <i>MSc Nutrition & Quality of Life - UMF 'Iuliu Hațieganu'</i> <i>MA/MSc Psychology - Babeș-Bolyai University</i> <i>MSc Pediatric & Preventive Dentistry - Aix-Marseille University</i>
10:30-10:40	Questions and Discussion
10:40-11:00	Coffee Break
11:00-12:00	PRESERVE TRUST, SUSTAIN COOPERATION Preventing the Breakdown of Cooperation in Pediatric Dentistry <i>Three Perspectives on Psychological Prevention - Before, During and Beyond Dental Treatment</i> Călin Căpraru · Clinical Psychologist · Psychotherapist · Romania <i>Engage Early · Regulate Distress · Create Safety · Strengthen Teams</i>
12:00-12:10	Questions and Discussion
12:10-12:55	PRESERVE MORE, TREAT LESS Preventing Disease Progression and Preserving Dental Tissues <i>The Role of the Er:YAG Laser in Non-Invasive and Minimally Invasive Pediatric Dentistry</i> Dr. Juliane Leonhardt Amar
12:55-13:05	Questions and Discussion
13:05-13:55	Lunch Break
13:55-14:40	ETIOLOGIC CONTROL AND TISSUE PRESERVATION From Non-Operative Care to Er:YAG Laser-Assisted Minimally Invasive Treatment in Pediatric Dentistry <i>From Caries Control and Remineralization to Risk-Adapted, Tissue-Preserving Therapeutic Interventions</i> Dr. Nicoleta Van Gelder, DDS, PhD
14:40-14:50	Questions and Discussion
14:50-15:35	GUIDE GROWTH, PREVENT COMPLEXITY Preventive and Interceptive Orthodontics in the Growing Patient <i>Early Recognition, Growth Guidance and Reduced Future Treatment Complexity</i> Assoc. Prof. Dr. Ștefania Dinu, DMD, PhD <i>UMF 'Victor Babeș' Timișoara · Pediatric Dentistry & Orthodontics</i>
15:35-15:45	Questions and Discussion
15:45-16:30	CLINICAL CASE STUDY Comprehensive Oral Rehabilitation of the Primary Dentition Under General Anesthesia <i>Clinical Decision-Making, Treatment Sequencing and Long-Term Preventive Follow-Up</i> Dr. Andreea Jucan · Specialist in General Dentistry · Romania
16:30-16:40	Questions and Discussion
16:40-17:00	Coffee Break
17:00-18:00	WORKSHOP 1 · FROM DIAGNOSIS TO GROWTH GUIDANCE Study Models in Preventive and Interceptive Orthodontics <i>Model analysis · early recognition · timing of intervention</i> Coordinator: Assoc. Prof. Dr. Ștefania Dinu
18:00-18:10	Short Break
18:10-19:10	WORKSHOP 2 · Er:YAG LASER IN PEDIATRIC DENTISTRY Clinical Workflow and Minimally Invasive Applications <i>Case selection · applicators · practical parameters · clinical integration</i> Coordinators: Dr. Juliane Leonhardt Amar · Dr. Nicoleta Van Gelder
19:10-19:20	Conclusions of Day One

MASTER PROGRAMME · PRELIMINARY · www.pediatricdentalday.ro

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SATURDAY, 3 OCTOBER 2026

PRACTICAL PROTOCOLS · CLINICAL DISCUSSION · TEAM-BASED CARE

09:00-09:30	Welcome Coffee
09:30-10:30	WORKSHOP 3 · CONSCIOUS INHALATION SEDATION WITH NITROUS OXIDE AND OXYGEN From Patient Selection to Documentation and Discharge <i>Patient selection · clinical protocol · monitoring · informed consent · recovery · discharge · incident documentation</i> Coordinators: Dr. Juliane Leonhardt Amar · Dr. Nicoleta Van Gelder
10:30-10:45	Short Break
10:45-11:45	WORKSHOP 4 · PSYCHOLOGICAL PROTOCOLS IN PEDIATRIC DENTISTRY From Anticipatory Guidance to Crisis De-escalation and Recovery of Cooperation <i>Case discussion · proactive anxiety management · emotional regulation · de-escalation · team roles · documentation of the behavioural plan</i> Coordinators: Călin Căpraru · Dr. Nicoleta Van Gelder
11:45-12:05	CLOSING SESSION From Scientific Evidence to Safer Pediatric Dental Practice <i>Final conclusions and take-home messages</i>
12:05-13:00	Farewell Lunch and Networking

Event Chair and Scientific Moderator: Dr. Nicoleta Van Gelder, DDS, PhD · Session Chairs: To be announced
The programme remains preliminary and subject to final confirmation with speakers and event partners.
Prevention · Early Intervention · Minimally Invasive Care · Clinical Safety · Personalized Pediatric Dentistry